

**BONN • 29 JUNE 2018**

*Lessons from Mahabharata:*

## **Dealing with Challenges in Interpersonal Relations**

*The Mahabharata, as Swami Dayananda Saraswati says, is a historical poem, an imaginative weaving of drama around certain historical events and people. The highly intricate story of Mahabharata gives us insights into ways in which we can attempt to explain the world and answer questions of human concern. Mahabharata enables us to delve into such basic debates as what is a good conduct? How does a hero respond to varied challenges? What are human vulnerabilities and how human beings at times are misguided. The stories of Mahabharata and lessons drawn from them not only play a very important role in building character of human beings but also provide us insights about ways to navigate our lives intelligently. This workshop will make participants analyze a few stories of Mahabharata, draw major lessons from their central messages, and demonstrate their relevance in modern times.*

**Neema Majmudar** and **Surya Tahora** have studied with Swami Dayananda Saraswati, renowned scholar of Vedanta. Both have gone through intensive courses of Vedanta studying texts such as the Upanishads, Bhagavad Gita and many scriptures in great depth with the commentaries of Śankara, and the Panini system of Sanskrit grammar. They have been teaching Vedanta in India and abroad for several years. You can read more about their work on their website: <http://www.discovervedanta.com> Neema and Surya teach in a captivating way, with story telling, traditional chanting and guided meditations.

**Venue:** Yoga Vidya Bonn, Bonner Talweg 87, 53113 Bonn  
<https://www.yoga-vidya.de/center/bonn/start/>

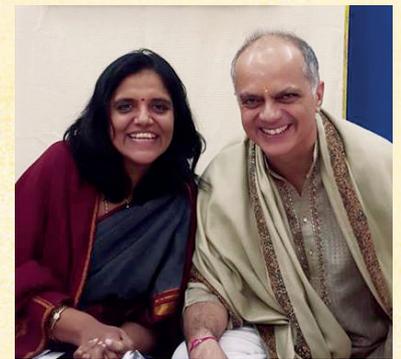
**Timings:** Friday 29th June: 6PM-9PM

**workshop fee:** EUR 35/discounted EUR 30

Please register by following both points below:

1) Transfer the workshop fee to account number by Netbank:  
IBAN: DE71 2009 0500 0002 6641 27  
with your name + comment "Bonn workshop".

2) Email to [bonn@yoga-vidya.de](mailto:bonn@yoga-vidya.de) with your registration request, name & phone number (so we have your email ID to contact you).  
If you need an invoice/receipt, please mention this in your email along with your details (Name, address).



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